



Endocrine-disrupting actions of PCBs on brain development and social and reproductive behaviors

Margaret R Bell

Polychlorinated biphenyls are among the most well-studied endocrine-disrupting chemicals (EDCs) for their neurobehavioral effects, especially neurodevelopment and cognitive performance. In addition, past research has demonstrated effects of PCBs on circulating hormones and associated changes in reproductive behaviors. This article will focus on recent advances that have been made in characterizing developmental PCB effects on reproductive function, broader social and affective behaviors, and the neuroendocrine mechanisms behind such changes. In general, PCBs seem to inhibit reproductive function by suppressing multiple aspects of the associated hypothalamic circuitry. Additionally, PCBs may also reduce motivation for social behaviors and induce depressive-like symptoms via overall reductions in dopaminergic and glutamatergic functions in the limbic system. However, more work with human-relevant exposure paradigms is needed to fully support these conclusions.

Addresses

Pharmacology and Toxicology Division of the College of Pharmacy,
University of Texas at Austin, USA

Corresponding author: Bell, Margaret R (margaret.bell@utexas.edu)

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Introduction

Gonadal hormones and development

In all vertebrates, reproductive development, behavior, and physiological function are directed via the hypothalamic-pituitary-gonadal (HPG) axis [1]. From the hypothalamus, gonadotropin-releasing hormone (GnRH) is secreted from about 1000 neurons to stimulate the release of the pituitary gonadotropins. These travel through the blood stream to the gonads to promote steroidogenesis of estrogens (E), progesterone (P), and testosterone (T) from the ovaries and testes, and to drive gametogenesis. The gonadal steroids exert their actions via steroid hormone receptors that are

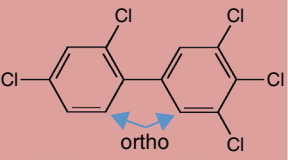
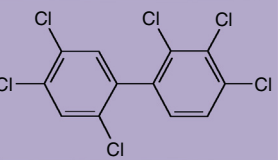
located throughout the body and brain, including estrogen receptors (ERs), androgen receptors (ARs), and progesterone receptors (PRs). Activation of steroid hormone receptors stimulates expression of target genes to control biological processes such as the growth of tissues, cellular proliferation or death, and hormone-dependent behaviors. In terms of neuroendocrine function, receptors in the hypothalamus and pituitary can also act to regulate activity of the HPG axis via negative feedback in response to circulating hormones, and (in females) positive feedback that leads to ovulation. Given the ubiquity of gonadal hormonal action throughout the body, any disruption of the careful balance of steroid actions in the nervous system can have major health consequences.

Early development, especially in the fetus and infant, are periods of life when the brain and body are particularly sensitive to effects of gonadal hormones on tissue structure and function in sex-specific ways. By contrast to the relatively short term ‘activating’ effects present when hormones are in circulation, hormones can also have long-term ‘organizing’ effects on tissue structure and function during these sensitive periods [2]. When the tissue in question is neural, functional changes are often associated with changes in sex-typical behaviors. These effects are best characterized in rodents, where testosterone from the male fetus is converted to estradiol to determine size, cell number, receptor expression, and dendritic spine formation in brain regions important in regulating sexual behavior [3]. Importantly, these effects can persist into adulthood, independent of circulating gonadal hormones. As such, any disruption of gonadal hormones during early development can have far reaching consequences for brain and behavior.

Polychlorinated biphenyls (PCBs) are endocrine disrupting chemicals (EDCs)

An EDC is an exogenous chemical, or mixture of chemicals, that can interfere with any aspect of hormone action [4]. Much of our knowledge about EDC effects on the brain come from studies on PCBs, a family of chemicals within the industrial organohalogen and persistent organic pollutants. There are 209 different PCB congeners of the same basic structure: two connected phenolic rings with 1–10 chlorine molecules at different positions around the rings (Figure 1). Multiple attempts have been made to group congeners into functional categories [5–7]. One of the broadest categorizations is based on physical structure and likeness to dioxin, as dictated by having zero or one ortho substitutions and substitutions at both

Figure 1

Examples: Indicator congeners that account for greater than 50% of the total PCB presence in serum are bolded .	Coplanar, Dioxin-Like (DL)  PCB 123 and other congeners: PCB 77, 118 , 126, 169 Aroclor mixtures, in order of greater to less DL properties: A1254 A1248	Non Dioxin Like (NDL)  PCB 138 and other congeners: PCB 28, 47, 52 , 101 , 153 , 180 A1260 A1242 A1221
Receptor targets: Many congeners target more than one receptor	AhR (agonize and antagonize) thyroid hormone ryanodine receptor	ER α / β (lightly chlorinated agonize; others antagonize) AR (antagonize)

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There are 209 different congeners of PCBs, and numbers and locations of chlorine atoms dictate structure and mechanism of action, as described above. Many studies use industrial mixtures of ~50 PCBs, called Aroclors. The degree of chlorination is indicated by the last two digits in each Aroclor name; for example, A1254 is 54% chlorine, with an average of 5 chlorines per molecules. Given that many of the receptor targets interact and that congeners (and their metabolites) exist in the environment in mixes, the physiological and behavioral outcomes of PCB exposure are always composites of multiple mechanisms interacting.

para and meta positions. Dioxin-like (DL) compounds can bind the aryl hydrocarbon receptor (AhR) and induce the cytochrome P450 monooxygenase enzyme (CYP) 1A subfamily, and are classically thought to be the most toxic and anti-estrogenic. Toxic Equivalency Factors (TEFs) have been used to relate the ability of DL congeners to induce AhR activity to that of dioxin (2,3,7,8-tetrachlorodibenzo-p-dioxin) itself [8]. However, TEFs cannot characterize other biologically active capacities of the more varied group of Non Dioxin-like (NDL) congeners. These can induce the CYP2B enzyme, induce both CYP1A and 2B enzymes, or have estrogenic or anti-androgenic properties through actions on steroid hormone receptors in lighter and more heavily chlorinated congeners, respectively [9,10]. Additional mechanisms of action at thyroid hormone receptors and ryanodine receptors are beyond the scope of this review, but are described well elsewhere [11,12]. Because exposures to PCBs typically occur in mixtures, and even single PCB congeners can act at more than one pathway, PCB actions as EDCs are quite diverse [13].

Used in industrial processes from 1930s until being banned in 1977 in the US, PCBs are persistent, lipophilic molecules. With half lives over decades (an average of 10–18 years for light and heavy congeners, respectively), some congeners work their way up the food chain and accumulate in fatty fish and breast milk [14]. Ingested sources account for the bulk of human exposure; however lighter congeners can also be volatile and inhaled, especially in

house dust [15]. Occupational exposure from years ago also remains a contributor to human body burden in exposed individuals. In capacitor workers exposed to PCBs 28 years earlier, total PCB concentrations in serum was ~6 ng/g in 2011 [14]; this is ~10 times greater than normal US population samples from 2003 to 2004 at 0.820 ng/g [16,17]. An estimate of adult human PCB exposure is 2–6 ng/kg/day via food [18,19], but estimates vary greatly by age and population. For example, infants are often exposed to higher levels via breast milk (an average of 3 μ g/kg) [20], especially in heavily contaminated environments (up to 10 μ g/kg/day) [21]. These infant exposure levels are above the minimum risk level (MRL) derived by the ATSDR of 0.03 μ g/kg/day for daily oral exposure less than one year, based off of a LOAEL of 0.0075 mg/kg/day for neurobehavioral effects in infant monkeys [13]. Additionally, humans are exposed to PCBs throughout their lives; therefore, normal levels of PCB exposure still pose risks for subtle neurobiological effects.

Toxic effects of PCBs in humans were first indicated by acute high exposure in adulthood, either from high occupational exposure or contaminated food, resulting in skin rashes, weakness, and liver disease [22–24]. Further studies have also demonstrated the importance of developmental exposure, as the offspring of the acutely exposed adults show signs of reduced fetal and childhood growth and neurodevelopmental issues [25–27]. Chronic exposure during development via maternal consumption of contaminated lake fish or at ‘background’ levels has

long been tied to reduced fetal growth and neurodevelopmental problems in infants and young children [28–33]. Similar effects have been found in more recent studies that measured specific congeners in maternal blood or placental tissue in humans, including shorter gestational length with mono-chlorinated NDL congener [34], reduced IQ with heavily chlorinated NDL congener [35], reduced motor development with DL and NDL congeners [36]. A thorough analysis of these neurodevelopmental effects can be found elsewhere [37] and is beyond the scope of the current review.

Given the estrogenic and anti-androgenic effects of PCBs in cellular assays, effects of PCBs on hormone-sensitive developmental processes are of great interest. Effects of PCBs on reproductive function and behavior, and the neuroendocrine systems that regulate them, have been well-described through 2011 [38,39]. Thus, this review will attempt to bring the reader up to date on recent findings (since 2011). Additionally, reproductive behaviors occur in a broader context of social motivation, on which the effects of PCBs have not been well defined. Ones' behaviors are dictated by the motivation to avoid negative stimuli and approach positive stimuli. In social species, interactions with conspecifics include stimuli that can be attractive (a new friend or potential mate) or aversive (a new location with the potential for predation). Perceptions of the balance between these rewarding and aversive stimuli eventually determine our actions. Importantly, these internal calculations are hormone-sensitive and, thus potentially, PCB-sensitive. As such, this review will also attempt to describe the effects of developmental PCB exposure on broader social behavior and neural correlates of negative and positive motivation.

Effects of developmental PCB exposure on the HPG axis

Exposure to PCBs has long been associated with reproductive dysfunction in humans, including decreased sperm motility [40], decrease in fecundity [41], earlier menarche [42], altered sex ratio [43], and altered gonadal hormones in newborns [44]. However, many of these earlier studies were limited by technical analysis of PCB congeners, and failed to provide possible mechanisms of action. More recent findings in humans, and data from rodents indicating neuroendocrine dysfunctions, are described below.

Human data

Recent epidemiological studies focused on the effects of developmental exposure on adult physiological function. As in newborns, greater concentrations of NDL serum PCBs was associated with reduced T in adolescent (PCB 138 153, 180) and adult (PCB 74, 99, 153, and 206) males [45,46]. Exposure to specific congeners, as measured in the blood of mothers immediately following parturition, also affected time to pregnancy in daughters; specifically,

higher levels of PCBs 187, 156 and 99 were associated with longer time to pregnancy, while higher levels of PCBs 105, 138 and 183 was associated with shorter time to pregnancy [47]. Interestingly, the effect of the congener was somewhat independent of the classical functional groupings, highlighting the need for continued congener-specific analysis. One recent study provides a possible mechanism of action: exposure to mixed inducers of CYP1A and CYP1B subfamilies was associated with upregulation of aromatase enzyme and estrogen receptor beta gene expression in blood samples from adult daughters of Great Lakes fish-eaters [6]. However, this effect alone cannot explain both an increase and decrease in time to pregnancy; therefore, I turn to more mechanistic rodent studies.

Rodent data

PCB effects on rodent reproduction and the HPG axis are well-characterized and described in Table 1 and Figure 2. As in humans, A1221 increased the number of mating trials required for female offspring to reach a successful pregnancy [48]. This could be the result of PCB-associated changes in female paced mating [48], as it is known that the ability of a female to control the pace of mating is important for reproductive success [49]. Alternatively, or in addition to the possibility that PCBs could be reducing fecundity by altering behavior, HPG axis dysfunction could be responsible. As in humans, reductions in circulating E, T, and P were observed in neonate and adult male and female rats in response to A1221 and a mix of NDL PCBs [50,51]. Changes in circulating hormones may result from PCB-induced alterations in synthesis enzymes [52], but these findings cannot explain all hormonal changes. Because regulation of the HPG axis is orchestrated by a network of hormones, neuropeptides and neurotransmitters in the preoptic area (POA) and anteroventral periventricular (AVPV) regions of the hypothalamus, several studies have investigated how developmental PCB exposure affects these neural substrates. Broadly speaking, A1221 tended to masculinize the complexity of gene expression regulatory networks in the female AVPV across development [53]. A1221 caused a reduction in ERalpha and AR expression in adult female POAs [50], and masculinized the pattern of expression of G-protein coupled estrogen receptor in the AVPV and AR in AVPV and arcuate nucleus in rats during development [53]. Hypothalamic PR was also decreased by embryonic A1254 in male and female rats [54].

There is some evidence that PCBs affect GnRH cells, the master driver of the HPG system. A1254 and specific DL and NDL congeners caused an increase and then decrease of GnRH mRNA expression and peptide in hypothalamic GT1-7 cells as dose and duration of treatment increased, suggestive of a non-monotonic dose-response curve *in vitro* [55,56]. The PCB-suppression

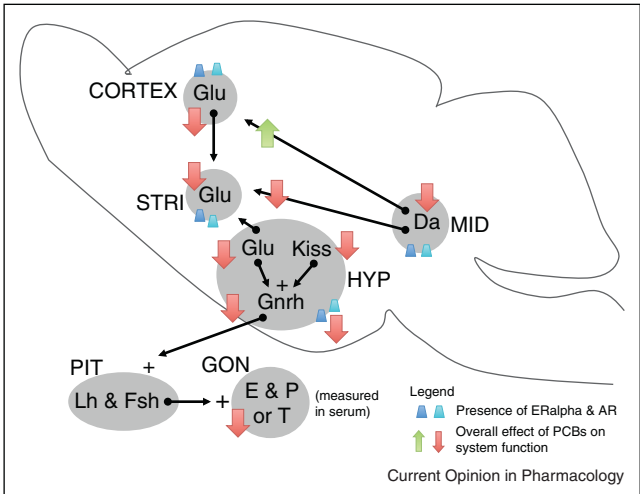
Table 1

PCB exposure details of recent rodent studies on PCB effects on social and affective behavior and neural correlates cited herein. Compare doses with the estimated range of 2 ng/kg to 10 μ g/kg total daily human oral exposure, taking into account the number of exposures in study design. Abbreviations: embryonic (E) and postnatal (P) days of age; male (M) and female (F); increase (Inc) and decrease (Dec).

PCB congeners	Dose (PCB/BW) per day	Exposure period	Exposure route	Test period	Sex tested	Species	Effect	Ref
A1221	0.1–10 mg/kg	E16, E18	ip to dam	Adult	F	Rat	1 mg/kg Dec in Fecundity; Inc return latency in paced mating	[48]
A1221	1 mg/kg	E16, E18	ip to dam	Adult	M&F	Rat	Dec P in M. Dec ERalpha, AR in POA in F; Dec in GnRH Fos colabel in F; Dec Kiss IR in F POA	[50]
Mix of PCBs 138, 153, 180 (all NDL)	1 mg/kg	E16, E18	ip to dam	Adult	M&F	Rat	Dec NR2b expression in F; Dec Kiss IR in F POA; Dec T and P in M	[50]
A1221	1 mg/kg	E16, E18	ip to dam	P1	M&F	Rat	Dec in P in F; Inc NR2b expression in POA in F not M	[51]
Mix of PCBs 138, 153, 180 (all NDL)	1 mg/kg	E16, E18	ip to dam	P1	M	Rat	Dec T in M; Dec Kiss IR in POA in M not F	[51]
Mix of PCBs 126 (DL), 138, 153, 180 (NDL)	10 mg/kg	E15–E19	subQ to dam	Juvenile & adult	M&F	Rat	Inc aromatase in M at P21; Dec 5alpha-R1 in M&F at P60; Inc. 5alpha-R2 in F at P60; Reduction in male sex beh.; no effect on depressive or anxiety behavior	[52]
A1221	1 mg/kg	E16, E18	ip to dam	Juvenile & adult	F	Rat	Masculinize hyp gene expression network, GPER in AVPV and AR	[53**]
A1254	10 mg/kg	E10 to E18	subQ to dam	Adult	M&F	Rat	Dec in basal PR in F hypothalamus; Dec in PR after E challenge in M&F hypothalamus	[54]
A1221	0.01–100 μ M	<i>In vitro</i>				Rat GT1-7 cells	Inc GnRH mRNA and peptide, neurite outgrowth	[55]
A1254	0.01–100 μ M					Rat GT1-7 cells	Inc and Dec in GnRH mRNA with Inc dose. No effect on peptide	
A1253, PCB77, 118, 153	0.1–100 μ M	<i>In vitro</i>				Rat GT1-7 cell line	Dose dependent Inc/Dec GnRH release; ER dependent. Inc cell death (apoptosis and necrosis).	[56]
PCBs 52, 138 or 180 (NDL)	1 mg/kg	E7 to P21	Oral to dam, pups	Adult	M&F	Rat	all Dec basal Glu; 180 Inc basal DA in striatum; 153 and 180 Dec Glu induced DA release	[67]
Mix of PCBs 47 (NDL) & 77 (DL)	~2, 4 mg/kg	E1–P21	Oral to dam, pups	Juvenile & Adult	M	Rat	Dec approach and mem of social stim	[74]
Mix of PCBs 28, 52, 101, 138, 153 and 180 (all NDL)	1–100 ng/kg	P0–P21	Oral to dam	Adult	M&F	Mouse	Inc anxiety behav; no effect on depressive behavior	[75*]
A1254	6 and 18 mg/kg	P7-test	Oral to dam, pups	Juvenile	M&F	Mouse	Dec anxiety in F not M; no effect on depressive behavior; Dec object memory in F not M; Dec NMDA binding in stri, cortex, and hipp in F not M; no effect on D1, D2 in forebrain	[84]
PCB52, 180, 74, or 95 (all NDL)	3–300 mg/kg	E7–E16, P1–P10, every other day	Oral to dam	Adult	M&F	Rat	PCB 180 Inc sweet intake in F not M; PCB 74 Dec intake in F not M; PCB 95 increased in M not F	[85]
Mix of 14 NDL and 3 DL PCBs	~4 mg/kg	E0–P0	Oral to dam	Adult	M	Rat	Dec NMDA binding in cortex, not hipp	[86]

Table 1 (Continued)							Ref
PCB congeners	Dose (PCB/BW) per day	Exposure period	Exposure route	Test period	Sex tested	Species	
A1254	10 mg/kg	14 days adult	Oral	Adult	M	Rat	[87]
PCBs 52, 138 or 180 (NDL)	1 mg/kg	E7 to P21	Oral to dam, pups	Adult	M&F	Rat	[88]
Mix of 28 NDL and 2 DL PCBs	0–20 µM	<i>In vitro</i>		Adult synaptosomes	M	Rat	[94]
A1254	12 or 25 mg/kg	4 weeks adult	Oral	Adult	M	Mouse	[95]
PCB 77 (DL)	1 mg/kg	E6 to P21	ip to dam	Juvenile & Adult	M&F	Rat	[96]
PCB 126 (DL)	1 µg/kg	E6 to P21	ip to dam	Juvenile & Adult	M&F	Rat	[96]
PCB 47 (NDL)	20 mg/kg	E6 to P21	ip to dam	Juvenile & Adult	M&F	Rat	[96]
PCB 153 (NDL)	5 mg/kg	E7 to P21	Oral to dams	Juvenile	M	Rat	[97]
Mix of A1242, 1248, 1254, 1260	3 and 6 mg/kg	Premate – P21	Oral to dams	Adult	M&F	Rat	[98*]
A1254	10–50 µM	<i>In vitro</i>				Human cell line	[103]
A1254	2 mg/kg	30 days adult	Oral	Adult	M	Rat	[104]
Effect							
Dec glut transporter in forebrain glia							
138 and 180 Dec NMDA intracellular signalling and NR1 subunit in cerebellum							
Majority Dec DAT binding							
Inc DA in Stri, Dec TH and DAT in Stri; cell death and oxidative stress in midbrain							
Inc DA in frontal cortex							
Inc DA in frontal cortex							
Dec DA in frontal cortex							
Dec D1 density in cortex and stri; Inc D2 density in cortex not stri; Inc D2 receptor affinity							
Inc D2 sensitivity in male not female in stri							
Inc cell death, blocked by NMDA receptor antag							
Inc oxidative stress in hipp							

Figure 2



PCBs effects on neuroendocrine circuitry regulating reproductive physiology and sociosexual function. Brain regions and endocrine glands involved are shown as grey areas, labeled in all capital letters (STRI, striatum; HYP, hypothalamus; MID, midbrain; PIT, pituitary; GON, gonad) and containing appropriate neurotransmitters (Da, dopamine; Glu, glutamate; Kiss, kisspeptin), and hormones (GnRh, Gonadotropin releasing hormone; Lh, leutinizing hormone; Fsh, follicle stimulating hormone; E, estradiol; P, progesterone; T, testosterone), within. Simplified functional connections between areas are shown with arrows; when possible a stimulatory (+) or inhibitory (–) effect on the downstream region is shown. All areas are responsive to gonadal hormones, as indicated by presence of ER and AR in dark and light blue cones, respectively. Overall effects of PCBs on neural systems (cell viability, synthesis, release, receptors, among others) are indicated by nearby red or green arrow, indicating an increase or decrease in function, respectively.

of GnRH peptide release was prevented by co-treatment with an ER antagonist, indicating PCB action at the ER on these cells [56]. Finally, the same NDL and DL congeners also increased apoptosis in the GnRH cells in an inverse U curve, with 0.1 µM and 1 µM having greater effects than higher doses [56]. The micromolar doses used in these two studies were relevant to human exposures, as PCBs have been found at levels of 50 ppb in neonatal human brains [57]. *In vivo* data support these findings, as a reduction in GnRH activity (as indicated by the immediate early gene product Fos co-expression in the cells) was also demonstrated in adult females treated with A1221 [50].

More is known about PCB effects on the hypothalamic neurotransmitters and neuropeptides that regulate GnRH neurosecretion and play roles in other neuroendocrine and behavioral functions. For example, the neurotransmitter glutamate is the primary excitatory neurotransmitter in the nervous system and is important in neuroendocrine development and function in adulthood [58]. Glutamate signals through NMDA receptors (in addition to others),

and expression of NMDA receptor subunits in the hypothalamus is generally reduced by PCBs. A1221- and a NDL PCB mix reduced the NMDA-NR2b subunit mRNA expression in adult female POAs [50]. Interestingly, and consistent with other EDC literature on the brain, the observed effects of A1221 are dependent upon the age at which gene expression is measured. By contrast with adult measures, A1221 increased NR2b receptor mRNA when measured in neonatal female POAs [51]. Similarly, age and sex specific effects of A1221 on NR1 and NR2d was found in the AVPV [53**].

The hypothalamic neuropeptide kisspeptin is also crucial for reproductive function and sensitive to EDCs [59,60]. A NDL PCB mix reduced kisspeptin receptor expression in the POA and A1221 reduced Kiss1 gene expression in the AVPV of young and adult males [50,53**]. By contrast, A1221 increased Kiss1 gene expression in the AVPV of females [53**]. However, these changes in mRNA are not paralleled by protein expression in all regions, as A1221 and PCB mix reduced kisspeptin immunoreactivity in adult female POAs [51]. A1221 also reduced the expression of hypothalamic growth factors that regulate GnRH cells in neonatal male POA, and female adult POAs [50,51].

As a whole, these data suggest that neurotransmitters, neurotrophic factors, and steroid hormone receptors involved in the control of GnRH activity are suppressed by PCB exposure (Figure 2). The outcome of these changes is a reduction in GnRH output and diminished reproductive function. Although the evidence for PCBs is somewhat limited, they are consistent with other EDCs like BPA that are also known to target the GnRH regulatory circuitry [61]. Moreover, all of these hypothalamic molecules play much broader roles in neuroendocrine control systems involved in stress, lactation, metabolism, and growth. Thus, while these endpoints were not investigated in the literature summarized above, these are important targets for future mechanistic research on PCB effects.

Effects of developmental PCB exposure on social behavior and neuroendocrine mechanisms

Effects of PCBs on hormones and hypothalamic neural circuits involved in neuroendocrine control extend to links among hormones and behavior. Not only are gonadal hormones important for reproductive behaviors, but they also affect cognitive function and affective state in humans and rodent models, including reward-seeking, depressive, and anxiety-like behaviors. However, few studies have investigated the effects of PCBs on affective behaviors, especially depressive traits in humans. Mixed results have been reported: higher levels of heavily chlorinated PCBs that induce CYP2B in serum increased the incidence of depressive like symptoms in older adults

[62], but not diagnoses of depression in young adults [63]. Different effects are even found among capacitor workers occupationally exposed to PCBs earlier in their life: in a German study, higher measures of DL and NDL congeners were associated with major increases in symptoms of depression but not anxiety [64**], whereas in a US study, no associations were found [65]. Findings of increased depressive symptoms are also true in studies of exposure to other EDCs, especially pesticides [66]. Rodent studies have attempted to characterize effects of developmental PCBs on social and affective behaviors, and also indicate potential mechanisms of PCB action on the function of dopaminergic and glutamatergic systems in the limbic system (Table 1).

Social and affective behavior

Sociosexual interactions are the result of opposing approach and avoidance motivating factors, and are highly sensitive to hormones. In rodents, the neural correlates of these behaviors are well-studied, providing an excellent model with which to test the hypothesis that PCBs alter the neural correlates of affective behavior. In general, the literature shows that PCBs reduce social behavior in female rats. Gestational exposure to A1221, A1254, DL and NDL PCBs at a range of doses reduced lordosis behavior and increased the amount of time a female rat gave herself between male sex acts in paced mating paradigms [48,67–70]. The ability to pace interactions imparts many of the rewarding aspects of sexual interaction [71]; therefore, these findings are consistent with reduced motivation for sexual interactions. Similarly, PCB 77 reduced the preference for a male over a female stimulus animal in exposed females [72]. No effects of PCB 47 or 77 were found on masculine reproductive behaviors in rats [69,73], however, a more heavily chlorinated mix of PCBs caused an increase in latency to perform sex behavior in males [52]. One study of general social behavior found that exposure to a DL and NDL mix of two PCBs also reduced approach and memory of a social stimulus after isolation in juvenile and adult male rats [74]. The effect on memory may or may not be specific to social interactions, as studies on spatial memory have provided mixed results [52,75*,76–79].

Changes in social behavior may be explained by one or more mechanisms. Sensory deficits would certainly affect behavior, and PCBs were shown to affect auditory and visual but not olfactory functions [80–82]. Increased anxiety and aversion to novel situations could also limit social interactions, however earlier work found contradictory effects of PCBs on anxiety [52,83]. More recently, developmental exposure to a NDL PCB mix caused an increase in anxiety-like behaviors in the elevated plus maze and light dark box in mice [75*]. By contrast, a reduction in anxiety in an open field test was found in response to A1254 in juvenile female but not male mice [84]. Notably, these studies point to potentially age-dependent effects of PCBs

on depressive-like behavior, reminiscent of findings on human depression. PCBs may also alter perceptions of pleasurable or rewarding social interactions, thereby affecting social behaviors. PCBs do not affect performance in classic tests of depressive-like behavior as measured in tail suspension and forced swim paradigms [52,75,84]. However, an alternative test to assess depressive-like behavior indicates an effect of PCBs on anhedonia (a consistent marker of depression): gestational exposure to relatively high doses of specific congeners increased or decreased intake of sweetened solutions in rats in congener and sex-specific ways [85].

Neural mechanisms

The behaviors described above are dependent on several complex and not completely characterized neural circuits including the frontal cortex, striatum, hippocampus, and midbrain, simply described in Figure 2. Within these neural pathways, glutamate and dopamine are essential, and may be the proximate mechanisms for effects of PCBs on behavior. Glutamatergic signaling throughout the limbic system drives neural activation relevant to social behavior, and is affected by PCBs in similar ways as discussed in the hypothalamus. Exposure to a heavily chlorinated PCB mix reduced NMDA receptor binding in the cortex but not hippocampus of adult male rats [86]. Exposure to A1254 decreased NMDA receptor binding in striatum, frontal cortex and hippocampus in female adolescent mice [84]. Adult exposure to A1254 also inhibited expression of glial glutamate transporter in forebrain of chronically exposed adult male and female rats [87]. Exposure to NDL PCBs reduced NMDA-receptor induction of extracellular cGMP and NMDA-NR1 subunit in cerebellum [88]. The same exposure paradigm reduced extracellular glutamate and the effect of metabotropic glutamate receptor activation on glutamate and dopamine release in the nucleus accumbens [67].

Dopamine (DA) has long been a focus of PCB studies since early work revealed that NDL PCBs decreased DA tissue content and increased extracellular DA in dopaminergic cell lines or striatal slices, as reviewed in [73,89]. The striatum and prefrontal cortex receive large dopaminergic projections from the midbrain, and are involved in coordinating movement and rewarding behavior; therefore effects seen in striatum and prefrontal cortex likely interact to affect locomotor and reward seeking sexual behavior. These effects could be the result of PCB-induced disruptions in synthesis [90], reuptake of DA from the synapse via dopamine transporter (DAT) competitive inhibition [91,92], or packaging of DA into vesicles by vesicular monoamine transporter [93]. More recent studies support the striatal findings, as PCB 180 increased basal extracellular DA in ventral striatum in male and female adult rats [67], and NDL PCBs inhibited DAT binding in male rat synaptosomes *in vitro* [87,94]. Adult exposure to A1254 also reduced TH and

DAT levels in the striatum in male mice [95]. There may be some congener or regional specificity in the effects on DA regulation, as specific PCBs increased DA in frontal cortex tissues of adolescent and adult male and female rats [96]. In addition to affecting DA and transporters, effects on DA receptors have also been demonstrated. PCBs do not seem to affect D1 receptor family in females, but PCB 153 decreased D1 receptor density in male cortex and striatum [97]. PCB 153 also decreased D2 receptor affinity, while at the same time, increased cortical but not striatal expression of D2 receptor density in male juveniles and male and female adult rats [97]. Similarly, a mixture of Aroclors caused increased striatal dopamine autoreceptor (D2) sensitivity in male but not female adult rats [98]. Importantly, effects of PCBs on striatal DAT in human populations have also been found [99].

Although dopaminergic and glutamatergic neural circuitries may be a proximate mechanism for effects of PCBs on behavior, the cells themselves may or may not respond directly to PCBs (Figure 2). It is possible that PCBs act elsewhere in the body to regulate circulating gonadal hormones, which then modify activity of the cells in question. Alternatively, cells throughout the striatum, cortex, and hippocampus express estrogen and androgen receptors, and therefore could be sites of direct action of NDL PCBs. Midbrain dopaminergic cells also express AhR, making them a direct target of DL congeners [100]. These sensitivities could serve to alter cellular function or even induce neurotoxic effects [101,102]. The mechanisms underlying neurotoxicity also include glutamate-mediated effects. A1254-induced cell death *in vitro* was inhibited by a NMDA receptor antagonist, indicating the importance of NMDA associated calcium handling in PCB-induced neurotoxicity [103]. Dopamine dysregulation is also capable of generating reactive oxygen species, and 4 weeks of adult exposure to a high dose of A1254 caused DA (and non-DA) cell death in the midbrain and increased oxidative stress markers [95]. Similarly, 30 days of adult exposure to a lower dose of A1254 also increased markers of oxidative stress in the hippocampus [104], lending some support for this possible mechanism of action.

Complications and conclusions

Taken together, PCBs disrupt reproductive function and sociosexual behaviors via subtle changes in both gonadal hormones and (directly or indirectly) neural function. The specific mechanisms of action of PCBs mixes are still difficult to determine. The effects of specific congeners may be the result of actions at hormone receptors, thereby changing circulating gonadal hormones or regulating gene expression in target cells anywhere along the HPG axis. Alternatively, some congeners act at AhR, inducing cytotoxic effects. The negative and positive feedback loops in the HPG axis and interactions between

dopaminergic and glutamatergic systems add another layer of complexity when trying to determine the primary neural target of PCBs. Therefore, to suggest one specific mechanism of PCB action would be overly simplistic, and potentially underestimate risks of exposure to typical mixtures of congeners. A thorough determination of NOAELs for more subtle behavioral alterations in social and affected behaviors is needed, but may not even be completely illustrative: hormones often act in non-monotonic dose–response curves, and the same is likely true of estrogenic or anti-androgenic PCB congeners, as in the GnRH studies cited above [105^{*}]. Regardless, future animal work should focus on lower daily exposures, in the µg/kg range instead of the mg/kg range to allow better comparisons to human studies.

Conflict of interest statement

Nothing declared.

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